# PLAYGROUP AT WYNACTIVE

# **AquaPulse**

Monday | 11:00am - 1:00pm

# **Eagle Stadium**

Wednesday & Thursday | 11:00am - 1:00pm

Friday | 9:15am - 11:15am



Playgroup gives children an opportunity to have fun, make new friends and develop new skills through informal play.

Playgroup provides parents and carers with an opportunity to meet other parents and carers, make friends and share ideas and experiences.

Children get to participate in a range of activities including arts & craft, story time, music and more.

Parents or caregivers to provide snacks.

# Only \$59 per term

Supported by a qualified facilitator

**2 Groups \$110** 

2025 starting Feb





# PLAYGROUP ENROLMENT FORM

Enrolment date:	

A parent or guardian who has lawful authority in relation to the child must complete this form. A brief explanation of lawful authority is found at the end of this form. Licensed children's services may use this form to collect the child's enrolment information as required in regulations 31-35. Questions marked with an asterisk \* are not required to be answered by regulations, but will assist in the caring of your child.

INFORMATION	N ABOUT THE CHILD/CHILDREN AT	<b>ITEND</b>	ING PLAYG	ROUP			
CHILD 1	·						
FAMILY NAME			DATE OF BIRTH				
GIVEN NAMES				USUALLY CALLED			
	AVE ANY MEDICAL CONDITIONS/ALLERGIES? vide a copy of management plans	YES	NO	MEDICAL CONDITIONS/ALLERGIES?			
CHILD 2							
FAMILY NAME			DATE OF BIRTH				
GIVEN NAMES				USUALLY CALLED			
	AVE ANY MEDICAL CONDITIONS/ALLERGIES? vide a copy of management plans	YES	NO	MEDICAL CONDITIONS/ALLERGIES?			
CHILD 3							
FAMILY NAME			DATE OF BIRTH				
GIVEN NAMES				USUALLY CALLED			
	AVE ANY MEDICAL CONDITIONS/ALLERGIES? 'vide a copy of management plans	YES	NO	MEDICAL CONDITIONS/ALLERGIES?			
CHILD 4 FAMILY NAME			DATE OF BIRTH				
GIVEN NAMES				USUALLY CALLED			
	AVE ANY MEDICAL CONDITIONS/ALLERGIES? `vide a copy of management plans	YES	NO	MEDICAL CONDITIONS/ALLERGIES?			
INFORMATION ABOUT THE PARENT/GUARDIAN							
PARENT/GUARDIAN 1 - PRIMARY PARENT/G			PARENT/GU	JARDIAN 2			
Name			Name				
Address			Address				
		DATE OF					
Relationship to child PH <b>H</b> M			Relationship to child				
Email Email	IVI			PH <b>H</b> Email			
			LIIIGII				
EMERGENCY CONTACTS							
EMERGENCY CONTACT 1 EMERGENC			Y CONTACT 2				
Name			Name				
PH <b>H</b>	M		PH <b>H</b>	M			





IMMUN	IISATION RECORDS					
Has your ch	hild/have your children been immunised? Yes No					
If tick yes, please provide a copy of immunisation statement printed from My Gov website (copies from immunisation books no longer accepted)						
If tick no w	ve cannot except your enrolment.					
Name and	d position of the person at Wynactive who has sighted your child/rens immunisati	on statemer	nt			
Name	Position					
Photo con	n <b>sent</b> • permission to Western Leisure Services Creche educators to take photographic imad	noc for usan	o for crocho intornal programs only			
			e for creatile internal programs only.			
Signature	×	Date				
If you are signing this form on behalf of a child/children (as a parent or guardian) please provide the full name and age of the child/children						
Declaratio	on and consent to emergency medical treatment					
I,	• ,		(Print full name)			
	hat the information in this enrolment form is true and correct and undertake to immediately inf	form the child	ren's service in the event of any			
change to this information;  • agree to collect or make arrangements for the collection of the child referred to in this enrolment form if s/he becomes unwell at the service; and  • consent to the proprietor or in the case of a family day care, the family day care service, to seek medical treatment for the child from a medical						
	ner, hospital or ambulance service.					
Signature	×	Date				
Sun care						
	nission for sunscreen to be applied to my child/children for outdoor play	Data				
Signature	×	Date				
Emergency evacuation In event of an emergency evacuation/drill (e.g. Fire at the centre), the children will be required to evacuate the premises and assemble at a central point of safety. The children will be fully supervised by educators. I understand this and give the centre permission for my child to leave the centre premises for emergency fire practices.						
Signature	×	Date				
	e hission for the centre to check my child's hair for head lice. I understand that if live head lice are urn until effective treatment has commenced.	e found my ch	ild will be excluded and will not be			
Signature	×	Date				
<b>Procedure</b> I agree to al	es abide by the centre procedures.					
Signature	×	Date				
Confidentiality of enrolment records  The proprietor of the children's service must ensure that information in the child's enrolment record is not divulged to another person unless necessary for the care or education of the child, to manage medical treatment of the child, where expressly authorised by the parent or prescribed in the Children' Services Regulations 2009 (regulation 35(1) (d-e)  LAWFUL AUTHORITY						
responsibilities Family Law Act	parents have powers and responsibilities in relation to their children that can only be changed by a court order. The Chi s as "lawful authority". It is not affected by the relationship between the parents, such as whether or not they have live ct, may take away the authority of a parent to do something, or may give it to another person.	ed together or are	married. A court order, such as under the			
situations whe	A guardian of a child also has lawful authority. A legal guardian is given lawful authority by a court order. The definition ere a child does not live with his or her parents and there are no court orders. In these cases, the guardian is the persor ors are reminded of their requirement to comply with the Information Privacy Act 2000, which requires a Privacy Collec	n the child lives w	rith who has day-to-day care and control of the			





## **FRUIT**

1

#### **FRESH FRUIT**

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honevdew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, **Apricots**
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

#### **MIXED FRUIT**

- Fruit salad
- Fruit kebabs

#### **DRIED FRUIT**

• Dried fruit, <del>nut</del>, popcorn mixes\*

#### TINNED FRUIT/SNACK PACKS/CUPS

• In natural juice (not syrup)



# **VEGETABLES** 2

#### FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

#### Can serve with either:

- Hommus
- Tomato salsa
- Tatziki
- Beetroot dip
- Natural yoghurt

#### **SALADS**

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato. lettuce and cheese salad
- Pesto pasta salad\*

#### **BAKED ITEMS**

- Grilled or roasted vegetables
- Wholemeal veaetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn

#### **SOUP** (In small thermos)

- Pumpkin soup
- Potato and leak soup
- Chicken and corn soup

## MILK, YOGHURT 3 AND CHEESE

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoahurt (frozen overniaht)
- Custard

#### Tip:

- Freeze the night before to keep cool during the day
- Cheese cubes, sticks or slices
- Cottage or ricotta cheese
- Cream cheese
- Tatziki dip

#### Can serve with either:

- Fruit
- · Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

### MEAT OR MEAT 4 **ALTERNATIVE**

- Tinned tung or salmon in springwater
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, silverside, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hommus dip
- Lean meat or chicken kebab sticks

#### Can serve with:

- · Wholegrain sandwich, roll, pita or wrap bread with salad
- Rice and corn cakes
- Wholearain wheat crackers
- Side salad
- Veaetable frittata
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and shallots)
- Homemade pizzas with lean roast or deli meats and vegetables

#### Can serve with:

- Side salad
- Steamed or roasted vegetables

#### **GRAIN AND** CEREAL FOOD

# 5

#### **MAINS**

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and English muffins.

- Pasta dishes
- Rice, quinoa or cous cous dishes
- Noodle dishes
- Sushi

#### SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake

#### SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit based muffins

#### SNACKS

- · High fibre, low sugar cereal (e.a. muesli)
- English muffins
- Crackers
- Crispreads
- Rice cakes Corn thins
- Wholemeal scones
- Pikelets
- Crumpets
- Hot cross buns (no icing)

# **WATER**



• Take a water bottle (for refilling throughout the day)

#### Tip:

• Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.



\*Check your school's policy regarding the use of nuts and products containing nuts.