

## PlayGroup at Eagle Stadium's crèche facility

### WYNACTIVE PLAYGROUP

Community playgroups are regular gatherings of parents / carers with their young children, aged 6 months to 5 years. Community playgroups provide an opportunity for parents / carers to connect with other families from the community and a time for their child to play with other children. PlayGroup sessions are held at the Eagle Stadium creche, with weekly sessions on:

#### OPERATING HOURS

##### EAGLE STADIUM

- Wednesday 11:00am - 1:00pm
- Friday 9:15am - 11:15pm

#### COST

##### WYNACTIVE PLAYGROUP

- \$55.00 per term, per child

### BOOKINGS

Bookings and payments in advance can be made by phone or in person at the reception desk at Eagle Stadium (03 8734 5677).

### ENROLMENT INFORMATION

An enrolment form for each child must be completed 48-hours prior to leaving your child/ren in our care. The following documents are a requirement before a booking can be made.

- Enrolment form
- Immunisation history
- All About ME

#### Information checklist - Please read the following enrolment information

- Immunisation and Enrolling in early childhood services
- Pick & Mix - Ideas for a healthy lunch box

### ILLNESS AND INJURIES

Children who are infectious or unwell should be kept at home.

### WHAT TO BRING

- Clearly labelled bag and change of clothes.
- Sufficient nappies.
- Plastic bag for soiled nappies or clothes.
- Clearly labelled drinks, including bottles.
- Hat and sunscreen in summer.
- Hat and jacket in winter.
- Food is permitted in the sessions.



**NB: Please ensure nuts or products with nut ingredients are not provided in snack boxes.**

Please note due to OH&S we are unable to store prams in the crèche or foyer.

### GENERAL QUERIES OR COMPLAINTS

For enquiries or complaints, staff are available to chat from 9.00am to 12.00pm, Monday to Friday. If a resolution can not be met with staff, the complaint can be directed to the General Manager of Eagle Stadium on 8734 5677.

# PLAY GROUP

## AT WYNACTIVE

Wednesdays 11:00am - 1:00pm

Fridays 9:15am - 11:15am



**Only \$55  
per term**

Supported by a  
qualified  
facilitator

### Why choose PlayGroup?

Playgroup gives children an opportunity to have fun, make new friends and develop new skills through informal play.

Playgroup provides parents and carers with an opportunity to meet other parents and carers, make friends and share ideas and experiences.

Children get to participate in a range of activities including arts & craft, story time, music and more.

Parents or caregivers to provide snacks





## PLAYGROUP ENROLMENT FORM

Enrolment date: \_\_\_\_\_

A parent or guardian who has lawful authority in relation to the child must complete this form. A brief explanation of lawful authority is found at the end of this form. Licensed children's services may use this form to collect the child's enrolment information as required in regulations 31-35. Questions marked with an asterisk \* are not required to be answered by regulations, but will assist in the caring of your child.

### INFORMATION ABOUT THE CHILD/CHILDREN ATTENDING PLAYGROUP

#### CHILD 1

FAMILY NAME  DATE OF BIRTH

GIVEN NAMES  USUALLY CALLED

DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/ALLERGIES? YES  NO  MEDICAL CONDITIONS/ALLERGIES?

\*If yes, please provide a copy of management plans

#### CHILD 2

FAMILY NAME  DATE OF BIRTH

GIVEN NAMES  USUALLY CALLED

DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/ALLERGIES? YES  NO  MEDICAL CONDITIONS/ALLERGIES?

\*If yes, please provide a copy of management plans

#### CHILD 3

FAMILY NAME  DATE OF BIRTH

GIVEN NAMES  USUALLY CALLED

DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/ALLERGIES? YES  NO  MEDICAL CONDITIONS/ALLERGIES?

\*If yes, please provide a copy of management plans

#### CHILD 4

FAMILY NAME  DATE OF BIRTH

GIVEN NAMES  USUALLY CALLED

DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/ALLERGIES? YES  NO  MEDICAL CONDITIONS/ALLERGIES?

\*If yes, please provide a copy of management plans

### INFORMATION ABOUT THE PARENT/GUARDIAN

#### PARENT/GUARDIAN 1 - PRIMARY

Name

Address

DATE OF BIRTH

Relationship to child

PH H  M

Email

#### PARENT/GUARDIAN 2

Name

Address

DATE OF BIRTH

Relationship to child

PH H  M

Email

### EMERGENCY CONTACTS

#### EMERGENCY CONTACT 1

Name

PH H  M

#### EMERGENCY CONTACT 2

Name

PH H  M



## IMMUNISATION RECORDS

Has your child/have your children been immunised?  Yes  No

If tick yes, please provide a copy of immunisation statement printed from My Gov website (copies from immunisation books no longer accepted)

If tick no we cannot except your enrolment.

Name and position of the person at Wynactive who has sighted your child/rens immunisation statement

Name  Position

### Photo consent

I/we give permission for AquaPulse educators to take photographic images for use in program documentation, newsletters, children's developmental portfolios and inhouse training/education purposes.

Signature  Date

If you are signing this form on behalf of a child/children (as a parent or guardian) please provide the full name and age of the child/children

### Declaration and consent to emergency medical treatment

I,  (Print full name)

- declare that the information in this enrolment form is true and correct and undertake to immediately inform the children's service in the event of any change to this information;
- agree to collect or make arrangements for the collection of the child referred to in this enrolment form if s/he becomes unwell at the service; and
- consent to the proprietor or in the case of a family day care, the family day care service, to seek medical treatment for the child from a medical practitioner, hospital or ambulance service.

Signature  Date

### Sun care

I give permission for sunscreen to be applied to my child/children for outdoor play

Signature  Date

### Emergency evacuation

In event of an emergency evacuation/drill (e.g. Fire at the centre), the children will be required to evacuate the premises and assemble at a central point of safety. The children will be fully supervised by educators. I understand this and give the centre permission for my child to leave the centre premises for emergency fire practices.

Signature  Date

### Head Lice

I give permission for the centre to check my child's hair for head lice. I understand that if live head lice are found my child will be excluded and will not be able to return until effective treatment has commenced.

Signature  Date

### Procedures

I agree to abide by the centre procedures.

Signature  Date

### Confidentiality of enrolment records

The proprietor of the children's service must ensure that information in the child's enrolment record is not divulged to another person unless necessary for the care or education of the child, to manage medical treatment of the child, where expressly authorised by the parent or prescribed in the Children's Services Regulations 2009 (regulation 35(1) (d-e))

#### LAWFUL AUTHORITY

**Parents** – All parents have powers and responsibilities in relation to their children that can only be changed by a court order. The Children's Services Regulations 2009 refer to these powers and responsibilities as "lawful authority". It is not affected by the relationship between the parents, such as whether or not they have lived together or are married. A court order, such as under the Family Law Act, may take away the authority of a parent to do something, or may give it to another person.

**Guardians** – A guardian of a child also has lawful authority. A legal guardian is given lawful authority by a court order. The definition of "guardian" under the Children's Services Act 1996 also covers situations where a child does not live with his or her parents and there are no court orders. In these cases, the guardian is the person the child lives with who has day-to-day care and control of the child. Proprietors are reminded of their requirement to comply with the Information Privacy Act 2000, which requires a Privacy Collection Statement to accompany any enrolment form.

## FRUIT 1

### FRESH FRUIT

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honeydew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, Apricots
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

### MIXED FRUIT

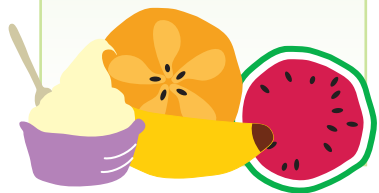
- Fruit salad
- Fruit kebabs

### DRIED FRUIT

- Dried fruit, ~~nut~~, popcorn mixes\*

### TINNED FRUIT/SNACK PACKS/CUPS

- In natural juice (not syrup)



## VEGETABLES 2

### FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

### Can serve with either:

- Hommus
- Tomato salsa
- Tatziki
- Beetroot dip
- Natural yoghurt

### SALADS

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato, lettuce and cheese salad
- Pesto pasta salad\*

### BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn

### SOUP (In small thermos)

- Pumpkin soup
- Potato and leek soup
- Chicken and corn soup

## MILK, YOGHURT AND CHEESE 3

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoghurt (frozen overnight)
- Custard

### Tip:

- Freeze the night before to keep cool during the day

- Cheese cubes, sticks or slices
- Cottage or ricotta cheese
- Cream cheese
- Tatziki dip

### Can serve with either:

- Fruit
- Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

## MEAT OR MEAT ALTERNATIVE 4

- Tinned tuna or salmon in springwater
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, silverside, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hommus dip
- Lean meat or chicken kebab sticks
- ~~Peanut butter\*~~

### Can serve with:

- Wholegrain sandwich, roll, pita or wrap bread with salad
- Rice and corn cakes
- Wholegrain wheat crackers
- Side salad

- Vegetable frittata
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and shallots)
- Homemade pizzas with lean roast or deli meats and vegetables

### Can serve with:

- Side salad
- Steamed or roasted vegetables

## GRAIN AND CEREAL FOOD 5

### MAINS

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

**Tip:** Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and English muffins.

- Pasta dishes
- Rice, quinoa or cous cous dishes
- Noodle dishes
- Sushi

### SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake

### SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit based muffins

### SNACKS

- High fibre, low sugar cereal (e.g. muesli)
- English muffins
- Crackers
- Crispbreads
- Rice cakes
- Corn thins
- Wholemeal scones
- Pikelets
- Crumpets
- Hot cross buns (no icing)

## WATER 6

- Take a water bottle (for refilling throughout the day)

### Tip:

- Freeze overnight to keep foods cool in lunchboxes

**Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.**

**Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.**



\*Check your school's policy regarding the use of nuts and products containing nuts.