# PLAYGROUP AT WYNACTIVE

# **Eagle Stadium**

Tuesday, Wednesday, Thursday & Friday mornings starting in February 2026.
Sessions from 9.15am - 11.15am



Playgroup gives children an opportunity to have fun, make new friends and develop new skills through informal play.

Playgroup provides parents and carers with an opportunity to meet other parents and carers, make friends and share ideas and experiences.

Children get to participate in a range of activities including arts & craft, story time, music and more.

Parents or caregivers to provide snacks.



Supported by a qualified facilitator

**2 Groups \$115** 

2026 starting Feb



# **PLAYGROUP ENROLMENT FORM**

Enrolment date:	

A parent or guardian who has lawful authority in relation to the child must complete this form. A brief explanation of lawful authority is found at the end of this form. Licensed children's services may use this form to collect the child's enrolment information as required in regulations 31-35. Questions marked with an asterisk \* are not required to be answered by regulations, but will assist in the caring of your child.

INFORMATION ABOUT THE CHILD/CHI	DREN ATTENDING PLAYGR	ROUP		
CHILD 1				
FAMILY NAME	DATE OF BIRTH			
GIVEN NAMES		USUALLY CALLED		
DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/A	ERGIES? YES NO	MEDICAL CONDITIONS/ALLERGIES?		
*If yes, please provide a copy of management plar				
CHILD 2	DATE OF DIDTH			
FAMILY NAME	DATE OF BIRTH	USUALIV SALISD		
GIVEN NAMES	T0.01700 1/70 1/10	USUALLY CALLED		
DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/A *If yes, please provide a copy of management plar	ERGIES? YES NO	MEDICAL CONDITIONS/ALLERGIES?		
CHILD 3				
FAMILY NAME	DATE OF BIRTH			
GIVEN NAMES		USUALLY CALLED		
DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/A	ERGIES? YES NO	NO MEDICAL CONDITIONS/ALLERGIES?		
*If yes, please provide a copy of management plan				
CHILD 4				
FAMILY NAME	DATE OF BIRTH			
GIVEN NAMES		USUALLY CALLED		
DOES THE CHILD HAVE ANY MEDICAL CONDITIONS/A	ERGIES? YES NO	MEDICAL CONDITIONS/ALLERGIES?		
*If yes, please provide a copy of management plar				
INFORMATION ABOUT THE PARENT/G	ARDIAN			
PARENT/GUARDIAN 1 - PRIMARY PARENT		GUARDIAN 2		
Name	Name			
Address	Address	Address		
DATE OF BIRTH	DATE OF	DATE OF BIRTH		
Relationship to child		Relationship to child		
PH <b>H M</b>	PH <b>H</b>	М		
Email	Email			
EMERGENCY CONTACTS				
EMERGENCY CONTACT 1	EMERGENCY	EMERGENCY CONTACT 2		
Name	Name			
PH <b>H M</b>	PH <b>H</b>	M		

1

Version: December 2025



IMMUN	IISATION RECORDS			
Has your ch	hild/have your children been immunised? Yes No			
If tick yes, p	please provide a copy of immunisation statement printed from My Gov website (copies fror	m immunisatio	n books no longer accepted)	
If tick no we cannot except your enrolment.				
Name and	d position of the person at Wynactive who has sighted your child/rens immunisat	tion statemer	nt	
Name	Position			
Photo cor I/we give p portfolios a	<b>nsent</b> permission for AquaPulse educators to take photographic images for use in program document and inhouse training/education purposes.	ation, newslett	ers, children's developmental	
Signature	×	Date		
If you are	signing this form on behalf of a child/children (as a parent or guardian) please provide tl	he full name a	nd age of the child/children	
Declaration	on and consent to emergency medical treatment			
I,			(Print full name)	
	hat the information in this enrolment form is true and correct and undertake to immediately in	nform the child	ren's service in the event of any	
<ul><li>agree to</li><li>consent t</li></ul>	to this information; collect or make arrangements for the collection of the child referred to in this enrolment form to the proprietor or in the case of a family day care, the family day care service, to seek medicaler, hospital or ambulance service.			
Signature	×	Date		
Sun care				
I give perm	nission for sunscreen to be applied to my child/children for outdoor play			
Signature	×	Date		
In event of safety. The	cy evacuation an emergency evacuation/drill (e.g. Fire at the centre), the children will be required to evacuation will be fully supervised by educators. I understand this and give the centre permission fire practices.	ate the premise n for my child t	es and assemble at a central point of o leave the centre premises for	
Signature	×	Date		
	e hission for the centre to check my child's hair for head lice. I understand that if live head lice ar Urn until effective treatment has commenced.	e found my ch	ild will be excluded and will not be	
Signature	×	Date		
Procedure	es abide by the centre procedures.			
Signature	X	Date		
The proprietor manage medic LAWFUL AUTH Parents – All p	<b>slity of enrolment records</b> I of the children's service must ensure that information in the child's enrolment record is not divulged to another personal treatment of the child, where expressly authorised by the parent or prescribed in the Children' Services Regulation HORITY  Parents have powers and responsibilities in relation to their children that can only be changed by a court order. The Chass as "lawful authority". It is not affected by the relationship between the parents, such as whether or not they have lives as "lawful authority".	s 2009 (regulation nildren's Services R	35(1) (d-e) egulations 2009 refer to these powers and	
Family Law Ac Guardians – A situations whe	s as lawful authority in its not affected by the relationship between the patents, such as whether or not they have in ct, may take away the authority of a parent to do something, or may give it to another person. A guardian of a child also has lawful authority. A legal guardian is given lawful authority by a court order. The definition ere a child does not live with his or her parents and there are no court orders. In these cases, the guardian is the persons are reminded of their requirement to comply with the Information Privacy Act 2000, which requires a Privacy Colle	n of "guardian" und on the child lives w	der the Children's Services Act 1996 also covers ith who has day-to-day care and control of the	

2

Version: December 2025





# **FRUIT**

1

## **FRESH FRUIT**

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honevdew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, **Apricots**
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

# **MIXED FRUIT**

- Fruit salad
- Fruit kebabs

# **DRIED FRUIT**

• Dried fruit, <del>nut</del>, popcorn mixes\*

# TINNED FRUIT/SNACK PACKS/CUPS

• In natural juice (not syrup)



# **VEGETABLES** 2

#### FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

# Can serve with either:

- Hommus
- Tomato salsa
- Tatziki
- Beetroot dip
- Natural yoghurt

## **SALADS**

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato. lettuce and cheese salad
- Pesto pasta salad\*

#### **BAKED ITEMS**

- Grilled or roasted vegetables
- Wholemeal veaetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn

# **SOUP** (In small thermos)

- Pumpkin soup
- Potato and leak soup
- Chicken and corn soup

# MILK, YOGHURT 3 AND CHEESE

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoahurt (frozen overniaht)
- Custard

## Tip:

- Freeze the night before to keep cool during the day
- Cheese cubes, sticks or slices
- Cottage or ricotta cheese
- Cream cheese
- Tatziki dip

# Can serve with either:

- Fruit
- · Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

# MEAT OR MEAT 4 **ALTERNATIVE**

- Tinned tung or salmon in springwater
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, silverside, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hommus dip
- Lean meat or chicken kebab sticks

# Can serve with:

- · Wholegrain sandwich, roll, pita or wrap bread with salad
- Rice and corn cakes
- Wholearain wheat crackers
- Side salad
- Veaetable frittata
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and shallots)
- Homemade pizzas with lean roast or deli meats and vegetables

# Can serve with:

- Side salad
- Steamed or roasted vegetables

# **GRAIN AND** CEREAL FOOD

# 5

## **MAINS**

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and English muffins.

- Pasta dishes
- Rice, quinoa or cous cous dishes
- Noodle dishes
- Sushi

# SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake

## SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit based muffins

#### SNACKS

- High fibre, low sugar cereal (e.a. muesli)
- English muffins
- Crackers
- Crispreads
- Rice cakes
- Corn thins
- Wholemeal scones Pikelets
- Crumpets
- Hot cross buns (no icing)

# **WATER**



• Take a water bottle (for refilling throughout the day)

# Tip:

• Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.



\*Check your school's policy regarding the use of nuts and products containing nuts.